

The Three Pillars of Lent

Prayer, fasting, and almsgiving are fundamental practices in the life of a Catholic. They are performed with even more intensity during the season of Lent, a time of radical conversion and spiritual devotion.

The season of Lent is inspired by the 40 days that Jesus spent in the desert, allowing the devil to tempt him with food, treasure, and power. The fact that Jesus did not give in to these temptations foreshadows his victory over sin and death at Easter.

Imitating Jesus and practicing the Lenten pillars of prayer, fasting, and almsgiving helps man to detach from worldly things, turn away from sin, and follow God more closely while building up virtues that help him resist temptation.

Fasting overcomes the desires of the flesh, provided it is done with a spirit of repentance. Catholics exercise self-denial, recognizing that everything comes from God and should not be taken for granted. Fasting can include eating less food or even giving up certain habits or activities.

Giving alms and performing other acts of charity helps to detach from earthly possessions while imitating Jesus by showing love toward others. This can include donating money and service to the Church, a food bank, other charities, and even to friends or other neighbors in need.

Prayer shows dependence on God and builds up the virtue of humility. Spending time in solitude and silence while reading Sacred Scripture, praying the Stations of the Cross, meditating on the Passion, or spending time before the Blessed Sacrament overcomes pride and decreases the tendency to focus on one's self.



Financial Position—YTD

Church Operation (January 31, 2026)

Total Income—\$10,287.37

Total Expense—\$8,572.94

NET INCOME—\$1,714.43

We are richly blessed and we encourage you to remember that the Shaunavon Food Bank is always in need of donations. Please continue to give generously!



Christ the King Roman Catholic Parish

Love God - Love Others - Make Disciples

P.O. Box 637
580-5th St. E., Shaunavon, SK, S0N 2M0
Mission Parishes

Holy Family - Admiral, SK
Immaculate Conception – Climax, SK
St. Patrick - Eastend, SK

Fr. Ronald Andree
Pastor

Rectory: 306-297-2386

Sacrament of Reconciliation

½ hour before daily Mass and
Saturdays 11 a.m. to Noon

Parish Office

Vickilynn Kagatani
Office Manager

Hours

Tuesday -9 a.m. to 3 p.m.

Thursday -9 a.m. to 3 p.m.

Phone

306-297-3744

Email

ctkp@sasktel.net

Website

shaunavoncatholic.com

Google Calendar of parish events/activities

Facebook

www.facebook.com/ctkpshaunavon

Religious Gifts/Articles

Dorothy Hardenne

Phone: 306-294-0077

Email: lhardenne@sasktel.net

February 22, 2026

1st Sunday of Lent



Masses This Week

Mon, Feb. 23, 1:00 p.m.—Mass with Christ the King School
Intentions of Raymond Lewans by Philip /Linda Lewans

Tues, Feb. 24, 9:00 a.m.
+Janine Carol Dolha by Murray/Joanne Hanson & Family

Wed, Feb. 25, 9:00 a.m.
+Doug Stevenson by Philip/Linda Lewans

Thurs, Feb. 26, 7:00 p.m.
Intentions of Roger Paul by CWL

Fri, Feb. 27, 10:00 a.m. (Villa)
+Deceased Relatives by Lawrence Pommier

7:00 p.m.—Stations of the Cross

Sat, Feb. 28

Eastend—5:00 p.m.—Pro populo

Admiral—7:00 p.m.
+Terry Glasser by Wayne/Eileen Ottenbreit

Sun, Mar. 1
Climax—9:00 a.m.
+Wanda Glasser by Wayne/Eileen Ottenbreit

Shaunavon—11:00 a.m.
+Gerald Nelson by Barry/Cindy Nelson





OUR MINISTRIES

LECTORS

February 22
Brent Michelson
Estrella Guillet
Bernie Deobald

March 1
Norman Querijero
Joan Girodat
Matt Nelson

ALTAR SERVERS

February 22
Maria
Jesus
Levi

March 1
Isaiah
Josiah
Kamilah

USHERS/GREETERS

February 22
Murray and Ben

March 1
Greg and Crystal

CHILDREN'S LITURGY

February 22
Teacher—Karen
Helper—Jolie

March 1
Teacher—Lexi
Helper—Peggy

MEETINGS

- “The Chosen”—Movie, Mon, Feb. 23, 7:00 p.m.
- Joint PPC/Finance Council Meeting Tues, Feb. 24, 7:00 p.m.
- Knights of Columbus—Thurs, Feb. 26, 7:00 p.m. Mass/Meeting
 - “The Chosen”—Movie, Mon, Mar. 2, 7:00 p.m.
 - CWL—Tues, Mar. 3, 6:30 p.m. Mass/Meeting

CHALICE is a Canadian, Catholic international child sponsorship charity. For more than 30 years, sponsors have supported children experiencing poverty to overcome obstacles, finish school, and have a hope-filled future. You can research Chalice by searching chalice.ca. As part of our parish's Lenten almsgiving, the children in Children's Liturgy are encouraged to bring a coin or coins with them each Sunday in Lent. These coins will be collected in a jar at the front of the altar, when the children return from Children's Liturgy. We would like to buy some hens, a rooster and a goat through the Chalice program which will be given to people in other countries who need this support to live and thrive. Other parishioners are certainly most welcome to participate, or you may check out this opportunity individually.



Shaunavon Pro-Life Annual Meeting

Pro-Life



Thursday, March 5, 7:00 p.m.
Christ the King—Meeting Room!

Everyone is welcome to attend and to share their ideas in support of life!

2025 Parish Annual Reports Due

All parish organizations are encouraged to submit their 2025 annual reports **ASAP—no later than March 13**, so that their compilation may be published along with the financial statement.

Please mark your calendars for the Parish Annual Meeting—Sunday, April 19.



BUILDING A WORLD OF JUSTICE

Lent is a time of **fasting, prayer and sharing**.

For Development and Peace — Caritas Canada, it is an opportunity to **call on your generosity** in solidarity with our sisters and brothers in the Global South. Your contributions create a bridge of solidarity between our mobilization in the Global North and our partners' transformative work in the Global South.



This Lent, join us ***On Track for Justice***, walking hand in hand with communities in the Global South that are mobilizing so that their rights and the environment may be respected. Take note of the Share Lent 2026 Solidarity Calendar with this bulletin.

You're Invited

BINKLEY'S FUNERAL HOME

Is hosting a

COME AND GO TEA

To say farewell to

Rick and Bernadette Schneider

On Thursday, February 26, 2026

From 2 pm - 4 pm

at Christ the King Hall

All are welcome!



Annual General Meeting 2026

Christ the Redeemer Church @ Swift Current, SK
Sunday, March 8 @ 1:00 PM in Library
<https://meet.google.com/ckz-szbu-fhy>

Open Board Positions:

KofC Reps - 12 positions
Communications, Programming,
Finance Positions
Members-at-Large - 2 positions

Meeting Reports Found At:
www.camplemieux.com/agm-reports.html